

North Sound Behavioral Health
Administrative Services Organization
Board of Directors
Meeting Agenda

January 9th, 2025

**Board of Directors Members Present
in Person:**

Members Present via MS Teams:

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

Guests Present:

- 1. Call to Order and Introductions** – Chair
- 2. Tribal Acknowledgement** – Chair
[Tribal Behavioral Health | North Sound BH-ASO \(nsbhaso.org\)](https://www.nsbhaso.org)
- 3. Revisions to the Agenda** – Chair
- 4. Approval of the December 12th, 2024, Minutes, Motion #25-01** – Chair....
Attachment
- 5. Comments & Announcements from the Chair** - Chair
- 6. Reports from Members** - Chair
- 7. Comments from the Public** - Chair
- 8. Report from the Advisory Board** (Available at Meeting) Attachment
Kara Allen, Advisory Board Chair
- 9. Report from the Finance Officer** (Available at Meeting) Attachment
Margaret Rojas, Assistant Director
- 10. Report from the Governance Operations Committee** - Chair

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent P Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda - Chair (Available at Meeting)Attachment

Motion #25-02

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from December 1st, 2024, through December 31st, 2024, in the amount of \$.
- Payroll for the month of December in the amount of \$ and associated employer benefits in the amount of \$.

11. Action Items – Margaret Rojas, Assistant Director

For Board Approval

Telecare Corp.-Peer Bridger Services

- Telecare provides Peer Bridger services for the region, the program is designed to engage individuals to facilitate discharge from Western State Hospital, local hospitals and Evaluation & Treatment Centers for North Sound residents.
- Health Care Authority increased the funding for the Peer Bridgers program, this amendment passes through the additional funding and makes the following adjustments-
 - Adding HCA increase of \$67,500
 - Removal of \$50,000 of General Funds-State provided by ASO
 - Overall increase of \$17,500.00

Motion #25-03

NS BH-ASO-Telecare-FBG-23 Amendment 4 to provide additional funding to Peer Bridger services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

12. Report from the Executive Director (Available at Meeting) Attachment
JanRose Ottaway Martin, Executive Director

13. Adjourn - Chair

Next Meeting: February 13th, 2025

Board of Directors

Meeting Agenda

December 12th, 2024

Board of Directors Members Present in Person:

- Barry Buchanan, County Council;
Whatcom County
- Cammy Hart-Anderson, Human
Services, Designated Alternate
for Dave Somers, County
Executive; Snohomish County
- George Kosovich, Skagit County
Public Health, Designated
Alternate for Peter Browning,
Commissioner; Skagit County
- Peter Browning, Commissioner;
Skagit County
- Jill Johnson, Commissioner,
Island County

Members Present via MS Teams:

- Cynthia Foley, Sr. Legislative
Analyst, Designated Alternate
for Strom Peterson, County
Council; Snohomish County
- Cindy Wolf, Council Member;
San Juan County
- Nicole Gorle, Legislative Analyst,
Designated Alternate for Nate
Nehring, Council Member;
Snohomish County
- Kara Allen, Advisory Board Chair
- Malora Christensen, Response
Systems Division Manager,
Designated Alternate for Satpal
Sidhu, County Executive;
Whatcom County
- Darcy Cheesman, Legislative
Aid, Designated Alternate for
Sam Low, County Council;
Snohomish County

**North Sound Behavioral Health
Administrative Services Organization
(NS BH-ASO) Staff Present:**

- JanRose Ottaway Martin,
Executive Director
- Michael McAuley, Clinical
Director
- Charles, DeElena, Business
Improvement
Manager/Compliance Officer
- Darrell Heiner, Senior
Accountant
- Kim Nakatani, Accountant
- Maria Arreola, Sr.
Administrative Assistant
- Joanie Wenzl, Clerk of the
Board

Guests Present:

Amanda Franke

Call to Order and Introductions – Chair

The Chair called the meeting to order and introductions followed

Tribal Acknowledgement – Chair

[Tribal Behavioral Health | North Sound BH-ASO \(nsbhaso.org\)](https://www.nsbhaso.org)

The Chair read the Tribal Acknowledgement

Revisions to the Agenda – Chair

There were no revisions to the agenda requested

Approval of the November 14th, 2024, Minutes, Motion #24-53 – Chair.... Attachment
Peter Browning moved the motion for approval, Cammy Hart Anderson seconded, all in
favor, none opposed, motion #24-53 carried.

Comments & Announcements from the Chair – Chair

The Chair thanked everyone for their hard work in the calendar year 2024 and noted that he is looking forward to working together in 2025. He also mentioned the Board Retreat that took place last year which was impactful, and he hopes it continues in the future. He also thanked Cindy Wolf for her service in San Juan County and as a NS BH-ASO Board Member.

In addition, he pointed out the effective work that JanRose is doing as the Executive Director of the ASO.

Reports from Members – Chair

The board members gave reports from their respective county’s behavioral health current happenings

Comments from the Public – Chair

There were no comments from the public, as none were in attendance

Report from the Advisory Board

Kara Allen, Advisory Board Chair, gave an update on the latest happenings with the NS BHASO Advisory Board

Report from the Finance Officer

JanRose gave the Report from the Finance Officer

Report from the Governance Operations Committee – Chair

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda – Chair

Motion #24-54

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from November 1st, 2024, through November 30th, 2024, in the amount of \$3,582,107.88.
- Payroll for the month of November in the amount of \$199,245.42 and associated employer benefits in the amount of \$98,005.93.

Cammy Hart-Anderon moved the motion for approval, Peter Browning seconded, none were opposed, no abstentions, all in favor, motion #24-54 carried.

Action Items

For Board Approval

North Sound BH-ASO 2025 Budget with 3.23% COLA

Motion #24-55

To approve the North Sound BH-ASO 2025 Budget as presented.

Recommended 2025 Budget_updated.pdf

Cammy Hart-Anderson moved the motion for approval, Barry Buchanan seconded, none were opposed, no abstentions, all in favor, motion #24-55 carried.

The following are the semi-annual amendments to our current contracts

- Health Care Authority (HCA) contracts to include funding for the period of January 1, 2025, through Juen 30, 2025.

- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management and Proviso Funding)
- Downstream contracts for GF-S services within Available Resources (Mental Health & Substance Use Disorder Outpatient, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under different categories of funding

Health Care Authority (HCA)

HCA-NS BH-ASO-K-6897-03 is providing the GF-S funding for the period of January 1, 2025, through June 30, 2025.

- GF-S funding is stable from the previous contract period.
 - 6-month allocation is \$17,014,262.00

Motion #24-56

HCA-NS BH-ASO-K- providing the ASO GF-S funding and legislative proviso funds for the period of January 1, 2025, through June 30, 2025.

[Barry Buchanan moved the motion for approval, Cammy Hart-Anderson seconded, none opposed, no abstentions, all in favor, motion number #24-56 carried](#)

GF-S Mandatory Services

The following contracts provide mandatory behavioral health services. Funding for GF-S services is allocated every six (6) months.

- Compass Health
 - Mobile Crisis Adult & Youth Outreach Teams, ITA services, Child Youth and Family Crisis Outreach Team, Evaluation and Treatment Services and other provisos listed below.
 - Program for Assertive Community Treatment (PACT) services and continuing the reserve funds for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
 - Crisis Services – 6-month allocation - \$5,405.045.00
 - Child/Youth Crisis Outreach Team – 6 – month allocation - \$1,017,047.94
 - Community Outreach & Recovery Support (CORS) – 6-month allocation \$92,606.50
 - PACT 6-month allocation - \$384,159.00
 - PACT Proviso Reserve Funds 6-month allocation - \$20,090.00
 - Behavioral Health Enhancement Funds (Proviso Funds) 6-month allocation - \$200,000.00
 - San Juan County HARPS Funds 6-month allocation - \$3,430.00
 - Evaluation & Treatment Discharge Planner 6-month allocation - \$71,529.00
- Conquer
 - Assisted Outpatient Treatment (AOT) in Snohomish County
 - 6-month allocation - \$350,000
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Cannabis Account, Trueblood Funds

- Crisis Funds 6-month allocation - \$2,462,976.00
 - Proviso Funds 6-month allocation \$315,938.56
- Volunteers of America
 - Toll Free Crisis Hotline
 - Behavioral Health Enhancement Funds
 - Toll Free Crisis Line 6-month allocation - \$1,301,810.66
 - Behavioral Health Enhancement Funds 6-month allocation \$29,934.00
- Telecare
 - Evaluation and Treatment Services (Fee for Service)
 - E&T Discharge Planners
 - Behavioral Health Enhancement Funds
 - E&T Discharge Planner 6-month allocation - \$43,368.00
 - Behavioral Health Enhancement Funds 6-month allocation \$215,058.00
- Lifeline Connections
 - PACT services and continuing the reserve funds for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
 - PACT 6 -month allocation - \$204,855.00
 - PACT Proviso Reserve Funds 6-month allocation - \$47,500.00
- Lake Whatcom Center
 - PACT continuing the reserve funds in the amount of \$73,206.00 for flexible spending for PACT participants, staff training and short-term housing needs. These funds will be renewed until the reserve is depleted.
 - PACT 6-month allocation-\$112,127.00
 - PACT Proviso Reserve Funds 6 - month allocation \$73,206.00
- Evergreen Recovery Center
 - Behavioral Health Enhancement Funds (Proviso Funds)
 - 6-month allocation - \$73,500.00
- Pioneer Human Services
 - Behavioral Health Enhancement Funds (Proviso Funds)
 - 6-month allocation \$70,200.00
- Snohomish County Superior Court
 - Juvenile Treatment Services
 - 6-month allocation - \$69,900.00
- Island County
 - Proviso Funding – Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$60,875.70
 - HARPS Housing Assistance
 - HARPS 6-month allocation - \$8,561.00
- San Juan County
 - Proviso Funding – Designated Cannabis Account
 - 6-month allocation - \$35,489.00
- Skagit County
 - Proviso Funding – Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$69,765.70
- Whatcom County
 - Proviso Funding – Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$104,295.10

Motion #24-57

NS BH-ASO-Compass Health-ICCN-23 Amendment 7 to provide funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Conquer Addiction-ICN-23 Amendment 2 to provide the funding to continue AOT services in Snohomish County. The contract term is August 1, 2023, through July 31, 2025, with an automatic one-year renewal on August 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-VOA-ICCN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-ICCN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-LWC-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-PHS-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 6 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-23 Amendment 5 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 30, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Peter Browning moved the motion for approval, Cammy Hart-Anderson seconded, no one opposed, no abstentions, all in favor, motion #24-57 carried.

GF-S services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County (FFS)
 - Whatcom County Triage
 - 6-month allocation - \$500,000.00
- Pioneer Human Services
 - Island, Skagit & Whatcom Withdrawal Management Services
 - 6-month allocation - \$550,000
 - Behavioral Health Enhancement Funds (Proviso Funds)
 - 6-month allocation \$70,200

Motion #24-58

NS BH-ASO-Compass Health-ICCN-23 Amendment 7 to provide funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-PHS-ICN-23 Amendment 4 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

It was noted by the Clerk of the Board that there was a typo and correction regarding this initial motion number. It was listed as 25-58 and should be 24-58. She let the board know.

Peter Browning moved the motion for approval, Cammy Hart-Anderson seconded, none opposed, no abstentions, all in favor, motion #24-58 carried.

The motion number was corrected by the Clerk of the Board.

Report from the Executive Director

JanRose Ottaway Martin, Executive Director

JanRose gave the Report from the Executive Director which covered the following topics

- Weekly Crisis Metrics Report
- BHASO Reserve Funds
- Medicaid Waiver: Jail Services
- Whatcom Listening Sessions
- The Scott Decision, 9th Circuit Court
- Lynnwood Crisis Care Facility
- Co-response billing
- Long-Term Civil Commitment (LTCC) Beds expansion in WA state

Adjourn – The Vice Chair adjourned the meeting at 2:27 p.m.

Next Meeting: January 9th, 2025